

# Benefit Guide Summary Options

This document includes a series of benefit guide summaries for consideration.

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## Option 1: Full

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### Genomic Life

The Genomic Life benefit helps navigate you to the genomics that matter. Understanding your unique genetics helps to uncover health risks, inform treatment, and offer effective approaches to optimize health. The program includes valuable features and benefits including:

#### Essential Genomics:

We navigate you to the genomics that matter, offering insights into health and predisposition to diseases, specifically cancer. The suite of genetic tests and features includes:

- **Genetic Health Screen** screens for inherited diseases
- **Pharmacogenomics** shows how you respond to medications
- **Carrier Testing** informs family planning
- **Clinical Action Plan** sums up your results and next steps
- **Genetic Counseling** helps you understand your results
- **Member Support** provides answers about the program

844-MYGENOME • [memberservices@genomiclife.com](mailto:memberservices@genomiclife.com)

#### Precision Cancer Genomic:

If diagnosed with cancer, you receive ultra-personalized oncology navigation to tailor treatment and receive support and expert resources for shared decision-making.

- **Oncology Navigation**
- **Diagnostic Inherited Cancer Panel**
- **Expert Pathology Review**
- **Comprehensive Genomic Profiling**
- **Focused Molecular Testing**
- **Liquid Biopsy for Screening and Monitoring**
- **Pharmacogenomics Test for Cancer**
- **Pre- and Post-Test Genetic Counseling**
- **Physician Consult**

- **Clinical Information Line**
- **Clinical Trial Education**
- **Genomic Life Platform (GLP)**

## How Essential Genomics Works

1. Access the secure platform for recommended screenings
2. Provide a saliva sample from the comfort of your home
3. Review your results with a genetic counselor and share results with your doctor

## Option 3: Medium

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### Genomic Life

Our program combines medical-grade genomics (**Essential Genomics**) with a comprehensive cancer support program (**Precision Cancer Genomics**) to understand a predisposition to disease, ensure an accurate diagnosis, and receive tailored treatment and resources, optimizing health and well-being.

#### Essential Genomics:

We navigate you to the genomics that matter, offering insights into health and predisposition to diseases, specifically cancer so that you may optimize your health.

#### Precision Cancer Genomic:

If diagnosed with cancer, you receive ultra-personalized oncology navigation to tailor treatment and receive support and expert resources for shared decision-making.

## Option 4: Short

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### Genomic Life

Our program combines medical-grade genomics (**Essential Genomics**) with a comprehensive cancer support program (**Precision Cancer Genomics**) to understand a predisposition to disease, ensure an accurate diagnosis, and receive tailored treatment and resources, optimizing health and well-being.